

Name of Block	Block II
Name of Elective	De-addiction
Location of hospital Lab or research facility	Psychiatry & De-addiction Ward
Name of internal preceptor(s)	Dr. Pankaj Kumar
Name of external preceptor (if applicable)	Nil
Learning objectives of elective	1. To obtain knowledge & experience of common drugs used in de-addiction. 2. To observe preparation, counseling & taking informed consent of patient for disulfuram & Naloxone. 3. To be able to enumerate adverse effects, risk factors and contraindications of substance use.
Number of students that can be accommodated in this elective	4
Prerequisites for elective	Good clinical practice Basic knowledge of pharmacology Basic life support Basic first aid Necessary immunizations Universal precaution certification
Learning resources for students	• Kaplan & Sadock's synopsis of Psychiatry 12th Edition • Prescriber's Guide: Stahl's Essential psychopharmacology • Opioid agonist for the treatment of opioid dependence (OATOD): Guidelines for implementation in the state of Punjab 2014.
List of activities of student participation	1. Work daily with a supervisor in observing, assisting patients for detoxification & de-addiction. 2. To document at least two activities observed/assisted.
Portfolio entries required	1. Documentation of worked up cases (min.-04)
Log book entry required	Completion of posting signed by preceptor with a "meets expectation '(M)' grade"
Assessment	Formative: • Attendance • Day-to-day participation in departmental activity • performance of assigned tasks
Other comments	-

De-addiction

Addiction is one of the most common problems spreading across the country like a forest fire. Looking at intensity of the physical, psychological and social consequences of addiction, there is an urgent need to spread awareness regarding the same. Hence, there is utmost need for all the medical professionals to know about various aspects of addiction.

The most common substances for addiction include alcohol, tobacco, opioid, stimulants etc. Recently behavioral addiction has also been an area of concern in this field. The patients are not able to come out of the vicious cycle of craving, tolerance, and withdrawal leading to the psychological and physical dependence pattern of substance use. This endangers the overall quality of life of the patient and his family members.

Through this module, the learner will be able to obtain knowledge about various treatment options for de addiction and overall management in such cases. This module will also help the learners for better understanding of such cases and improvement of the overall quality of life of the individual and his family members.